

Riis Park Striders Results

January 11, 2020 Miserable

1.2 Miles	1. Brian Sheridan	8:49	1st M 50-59
	2. Mike Vlasak	14:55	1st M 60-69
	3. Tom Matuch	19:06	2nd M 60+
	4. Felix Coleman	27:30	2nd M 50-59
	5. Si Jayne	28:50	1st M 90+
2.4 Miles	1. Mike Fleishhacker	17:55	1st M 50-59

Worse day of the season to run--cold, sleet, snow and extreme winds. Only the strong came out to run. Mark Blaszczyk injured his foot getting out of the car and decided not to run. A tip of the hat to Laura Jayne who came all the way from Ohio to run the Crystal Lake Frozen Gnome 50K Cross Country race in unbearable conditions. She finished 63rd/96 with a time of 7:31:09. Some of the Striders ran Sunday at Bill and Michelle Thom's 3rd annual Winter Challenge Cross Country Classic at Caldwell Woods. The conditions were challenging but most finished. Ken Dietz ran the 5K in 48:42; James Weissensel won the 15K by .7 seconds--58:42.7 and Ken Schuch and Brian Sheridan finished the Gratuitous 6 hr race with Brian doing 31.096 miles (6th) and Ken doing 27.960 miles (9th).

Today (January 18th) In History Quiz

1778 - He discovered the Hawaiian Islands, which he called the "Sandwich Islands."

1896- The first college basketball game using this many players was played at the University of Iowa against the University of Chicago. U of I won 15-12

1943 - US bakers were banned from doing this to bread till after WWII

1973 - The Red Sox make him the 1st to sign a contract as a DH

1985 - She broke a world indoor record when she ran the women's, 2,000-meter race in 5:34.2.