

RUIS PARK STRIDERS RESULTS

JULY 1, 2023 OVERCAST, DRIZZLY AND HUMID

1 Mile	1. Ken Dietz	14:17	1st M 70-79
	2. Tom Matuch	17:30	1st M 60-69
	3. Felix Coleman	22:15	2nd M 60-69
	4. Mark Blaszczyk	27:41	3rd M 60-69
2 Miles	1. Michael Fleishhacker	16:49	1st M 50-59
	2. Paul Angarone	18:14	1st M 60-69
	3. Jay Hughston	23:40	2nd M 60-69
	4. Bob Chadwick	24:47	1st M 80-89
	5. Eileen Ferguson	36:22	1st F 70-79
5 Miles	1. Brian Sheridan	44:36	1st M 60-69

Extremely humid day to run but at least the Striders enjoyed an almost deserted park. Mike Fleishhacker brought donuts, Brian Sheridan supplied the water and Paul Angarone and Ken Dietz supplied the beer. After the race Brian went home and biked to Grant Park to watch the NASCAR races and concerts. He then got up early Sunday and ran 16 miles.

Today (July 8th) In History Quiz

1776 - Col. John Nixon gave the first public reading of this document to a crowd at Independence Square in Philadelphia.

1889 - He defeated Jake Kilrain, in the last championship bare-knuckle fight. The fight lasted 75 rounds.

1907 - He staged his first "Follies" on the roof of the New York Theater in New York City.

1947 - Demolition work began in New York City for the new permanent headquarters of this organization

1950 - He was named commander-in-chief of United Nations forces in Korea.

1953 - It announced that the next five years of its football games would be shown in theatres over closed circuit TV.

1963 - The US freezes all of this country's American assets

1997 - NATO invites these 3 former Soviet bloc countries to join its alliance