Riis Park Striders Results

July 2, 2016 Pleasant and Sunny

1.2 Miles	1.	Si Jayne	22:27	1st M 60+
	2.	Felix Coleman	24:41	2nd M 50-59
1 Miles	1. 2. 3. 4. 5.	Anne Lynch Ken Dietz Eileen Ferguson Mark Blaszczyk Renee Phillips Neil Gerlach	8:34 11:41 12:16 14:44 15:46 18:52	1st F 6-12 1st M 60+ 1st F 60+ 2nd M 60+ 1st F 50-59 4th M 60+
3 Miles	1.	Michael Fleischhaker	23:49	1st M 50-59
	2.	Paul Angarone	23:56	1st M 60+
	3.	Bob Chadwick	30:15	2nd M 60+
6 Miles	1.	Jay Hughston	65:08	1st M 50-59

Anne Lynch ran her first race with the Striders, brought food for the hungry and easily won the mile race. The Blaszczyk clan paid their dues for 2016

This Day (July 9th) In History Quiz

- 1951 President Truman asks Congress to end the war with this nation.
- 1955 This song became the 1st rock and roll tune to reach #1 on the music charts.
- 1956 He debuted as host of TV's American Bandstand.
- 1968 The first indoor baseball All Star game is played in this city.
- 1985 This NJ General is named MVP of the United States Football League.

Famous Quotes from Steve Prefontaine

[&]quot;Some may beat me but they're going to have to bleed to do it."

[&]quot;No one will win a 5000 meter by running an easy 2 miles. Not against me"

[&]quot;The best pace is a suicide pace and today looks like a good day to die."