Riis Park Striders Results

April 29, 2017 Overcast, Windy and Cold

1.	Brian Sheridan	8:51	1st M 50-59
2.	Mike Vlasak	11:42	2nd M 60+
3.	Ken Dietz	15:20	3rd M 60+
4.	Renee Phillips	16:52	1st F 50-59
5.	Neil Gerlach	21:23	4th M 60+
6.	Si Jayne	23:14	5th M 60+
7.	Felix Coleman	23:14	2nd M 50-59
1. [Michael Fleischhacker	29:00	1st M 50-59
2. I	Bob Chadwick	35:02	1st M 60+
	Jeremy Brewington	DNF	17:47 2.4 Miles
	2. 3. 4. 5. 6. 7.	 Mike Vlasak Ken Dietz Renee Phillips Neil Gerlach Si Jayne Felix Coleman Michael Fleischhacker Bob Chadwick 	 Mike Vlasak Ken Dietz Renee Phillips Neil Gerlach Si Jayne Felix Coleman Michael Fleischhacker Bob Chadwick 11:42 15:20 16:52 21:23 23:14 Felix Coleman 33:14

More like late November instead of late April, the weather made for difficult running today. Mark Blaszczyk is waiting for medical reports on his ailing back and Karen Davis found out she broke her ankle last week. We hope they both have speeding recoveries. Jeremy Brewington ran his first race at Riis and plans to come back.

Today (May 6) In History Quiz

- **1887** This Indian chief surrendered to U.S. troops in Nebraska.
- 1915 He hit his first major league home run while playing for the Boston Red Sox
- 1946 They became the first major league baseball team to travel by plane
- 1954 He became the first to break the 4 minute mile barrier
- 1957 He was awarded the Pulitzer Prize for his book "Profiles in Courage"
- 1973 In Boston, he began his first tour without Art Garfunkel. .

Famous Quotes by American Indians

"One does not sell the land people walk on." ... Crazy Horse, Sept. 23, 1875

"We must protect the forests for our children, grandchildren and children yet to be born. We must protect the forests for those who can't speak for themselves such as the birds, animals, fish and trees.".....Chief Edward Moody, Nuxalk Nation