

# Riis Park Striders Results

July 1, 2017    Sunny and Peachy

<b>1 Miles</b>	1.	Bob Chadwick	10:56		1st M 60+
	2.	Mike Vlasak	11:05		2nd M 60+
	3.	Ken Dietz	11:45		3rd M 60+
	4.	Eileen Ferguson	12:30		1st F 60+
	5.	Renee Phillips	12:31		2nd F 60+
	6.	Mark Blaszczyk	17:03		4th M 60+
	7.	Neil Gerlach	19:00		5th M 60+
	8.	Si Jayne	19:26		6th M 60+
<b>2 Miles</b>	1.	Felix Coleman	40:28		1st M 50-59
	2.	Dave Cameron	40:29		2nd M 50-59
<b>3 Miles</b>	1.	Michael Fleischhacker	23:16		1st M 50-59
<b>4 Mile Relay</b>	1.	Paul Angarone	7:33	7:37	
		Brian Sheridan	6:48	6:47	<b>28:45</b>
	2.	Leo He	8:45	8:41	
		Richard He	8:35	8:32	<b>34:03</b>
	3.	Ricky He	12:45	11:42	
		Yan Feng Li	15:55	9:42	<b>49:44</b>

Another nice day to run. Thanks to all who came out for the relay especially to the runners of the Red Panda Running Club. Brian Sheridan set another PR last Sunday doing a 10K in 45:53

## Today (July 8th) In History Quiz

**1693** - Police in New York City were authorized this.

**1776** - Col. John Nixon gave the first public reading of this to a crowd in Philadelphia

**1953** - ND announced its football games would be shown this way for the next 5 years.

**1963** - The US freezes the assets of this country.

**1997** - NATO invites Hungary, the Czech Republic & this nation to join its ranks