

RIIS PARK 4TH OF JULY TRACK MEET 2025 At Norwood Park

Overcast and Humid



1 Mile

Jacob D (Taft HS)	6:37
Ezekiel A (Taft HS)	6:44
Michelle Donato Thom	7:07
Brian Sheridan	7:13
Mike Fleischhacker	8:06
Dan Blaszczyk	8:49
Paul Angarone	9:14
Bob Chadwick	10:59
Jay Hughston	11:37
Ken Dietz	12:19
Tom Matuch	14:38
Felix Coleman	24:42

Javelin

Brian Sheridan	43'3"
Jay Hughston	39'3"
Felix Coleman	28'8"
Mike Fleischhacker	23'2"
Bob Chadwick	22'2"

Shot Put

Jay Hughston	21'2"
Brian Sheridan	18'2"
Paul Angarone	16'2"
Bob Chadwick	11'2"
Felix Coleman	28'8" (8 lb shot)

4 Lap Relay

Dan's Dashers	5:34
Wheelchairs	6:46
Mike's Marauders	6:50