

Riis Park Striders Results

April 2 2016 Cold, windy and snowy.

1.2 Miles	1.	Mathew Melo	10:21	1st M 6-12
	2.	Ubaldo Melo	10:22	1st M 50-59
	3.	Mike Vlasak	10:45	2nd M 50-59
	4.	Si Jayne	20:45	1st M 60+
	5.	Felix Coleman	20:46	3rd M 50-59
2.4 Miles	1.	Michael Fleischhaker	27:29	1st M 50-59
	2.	Karen Davis	38:30	1st F 60+
	3.	Ken Dietz	38:31	1st M 60+
	4.	Renee Phillips	38:32	1st F 50-59
6 Miles	1.	Jay Hughston	54:40	1st M 50-59
	2.	Bob Chadwick	91:52	1st M 60+

Winter weather returned and only the strong came out to compete. Mike Vlasak ran his last race in the 50-59 age group. Next week, he's a senior citizen. Renee Phillips increased her training for the upcoming Appalachian Trail hike followed by a month in Florida. Bob Chadwick continues to improve from his recent operation and Ken Dietz still can't shake his hamstring problems.

This Day (April 9) In History Quiz

1912 - This ship sets sail from Southampton for her maiden voyage across the Atlantic.

1916 - The 1st professional tourney is held for this sport.

1932 - He is elected Germany's first president.

1953 - This movie became the 1st released in 3-D

1955 - This team beats the Ft. Wayne Pistons for the 9th NBA championship

Jokes for the day

One day, a little boy wrote to Santa Clause, "Please send me a sister." Santa Clause wrote him back, "Ok, send me your mother."

Today a man knocked on my door and asked for a small donation towards the local swimming pool. I gave him a glass of water.