

# Riis Park Striders Results

September 24, 2016 Pleasant, Overcast and Quiet

<b>1.2 Miles</b>	1.	Felix Coleman	27:30	1st M 50-59
<b>1 Mile</b>	1.	Mark Blaszczyk	11:32	1st M 60+
	2.	Ken Dietz	12:41	2nd M 60+
	3.	Cheryl Benson	13:22	1st F 60+
	4.	Bob Chadwick	13:25	3rd M 60+
	5.	Neil Gerlach	19:20	4th M 60+
	6.	Karen Davis	19:21	2nd F 60+
<b>3 Miles</b>	1.	Eileen Ferguson	39:38	1st F 60+
	2.	Ison Dampier	39:48	1st M 60+
<b>5 miles</b>	1.	Jay Hughston	55:58	1st M 50-59

Perfect weather to run in today. Bad news for Karen Davis as she must miss this year's Chicago Marathon due to having to go to Florida to take care of an ailing relative. Jay Hughston, however, is still on track to compete. Ison Dampier turns 72 on October 1st and will celebrate by running a race downtown.

## This Day (October 1st) In History Quiz

**1896** - RFD was established by the US Post Office. What does RFD stand for and do?

**1903** - Boston Pilgrims and the Pittsburgh Pirates met celebrating this event

**1933** - At age 38 he pitched his last game, a 9 inning shutout, plus he hit a home run.

**1946** - What was significant in this game about the Cardinals defeating the Pirates ?

**1980** - He became 1st male to appear alone on the cover of "Ladies' Home Journal."

## Famous Babe Ruth Quotes

“Never let the fear of striking out get in your way.”

"All ballplayers should quit when it starts to feel as if all the baselines run uphill.”

“If I'd tried for them dinky singles I could've batted around six hundred.”