

Riis Park Striders Results

April 1, 2017 Sunny and Pleasant

1.2 Miles	1.	Mike Vlasak	11:19	1st M 60+
	2.	Ken Dietz	14:58	2nd M 60+
	3.	Mark Blaszczyk	17:09	3rd M 60+
	4.	Renee Phillips	19:15	1st F 60+
	5.	Si Jayne	25:53	4th M 60+
2.4 Miles	1.	Paul Angarone	17:59	1st M 60+
	2.	Bob Chadwick	25:18	2nd M 60+
	3.	Ison Dampier	32:02	3rd M 60+
	4.	Dave Cameron	41:17	1st M 50-59
	5.	Felix Coleman	41:18	2nd M 50-59
	6.	Neil Gerlach	48:01	4th M 60+
3.6 Miles	1.	Michael Fleischhacker	27:48	1st M 50-59
	2.	Brian Sheridan	28:16	2nd M 50-59

The Striders celebrated April Fools' Day by allowing everyone to pick their own distance. All runners were rewarded with 1 Road Warrior point for their effort. Ison Dampier joined the Striders for 2017. Ian Cameron ran a 5:02 1600 meter run at York HS indoor meet.

Today (April 8) In History Quiz

1513 - This explorer claimed Florida for Spain.

1913 - The 17th Amendment was ratified which called the popular election of these

1953 - His bones were moved from North to South Dakota.

1974 - He becomes the all time MLB home run leader.

1975 - He becomes MLB's first African American manager

Famous Quotes About US Senators

"Our constitution protects aliens, drunks and U.S. Senators". **Will Rogers**

"When they call the roll in the Senate, the Senators do not know whether to answer 'Present' or 'Not guilty.'" **Theodore Roosevelt**